Materials

- an object from your walk or garden
- pencil/charcoal/pen
- Coloured pencils/paint/pens



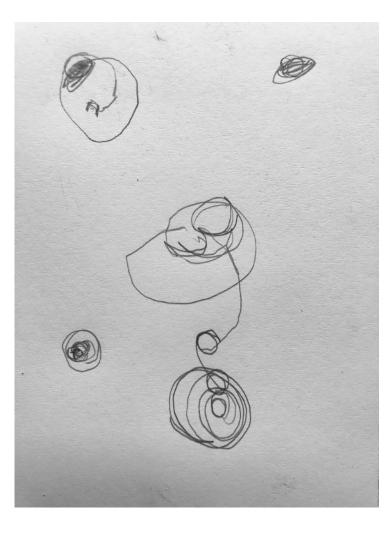


- Find a natural object in your garden or on your walk.
- If you can't go outside think of an object from your imagination.

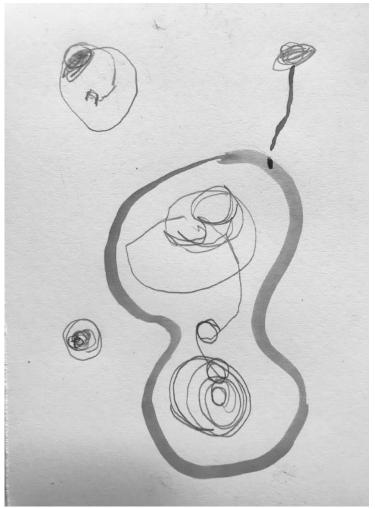
Examples could be a shell, leaf, stick, flower, stone etc...

- First hold the object in your hand and feel it with your fingers.
- How does it feel? Is it smooth or rough? Hard or soft?
- Does it smell?
- Does it make a sound?

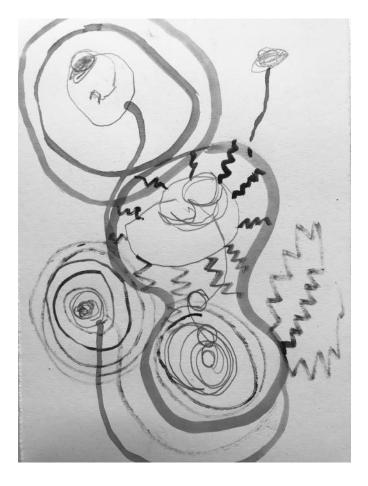


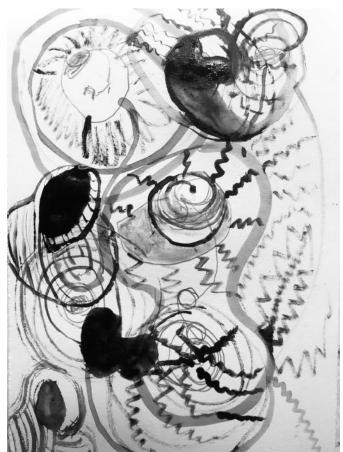


- Now close your eyes and feel your object in one hand.
- In your other hand, take your drawing tool and start to draw how the object feels.
- Try keeping your eyes closed while you draw.
- Now open your eyes.



- Look at the colour of your object.
- How many colours can you see?
- Can you see any patterns?
- Add colour to your drawing inspired by the colour and patterns of your object.







- Play with the shapes, patterns and colours of your object.
- Try layering the patterns and shapes on top of each other.
- Use your drawing tool to add lines and shapes to the colour.
- -You can repeat this process with new objects found in your garden or on your walk.